

## Summit House

### Age Requirements

18 and over

Available 24/7

No

### Documents Required

Call for details

### Other Eligibility Criteria

Serves adults with behavioral health disorders.

### Family

No

### Intake Process

Walk-ins are available at the Community Services Board main location. No appointment is necessary, however if interpretive services are needed please contact us to schedule an appointment. To expedite the intake process, please download the adult intake packet from <https://www.hrcsb.org/documents> or contact the office to request a packet.

### Intake Contact Telephone

(540) 434-1941

### Provider Refer

Yes

### Qualifications

#### Qualification Type

Licensure

#### Qualification Entity

Virginia Department of Behavioral Health and Developmental Services (DBHDS)

#### Qualification Number

081

### Report Problems

Call the Agency

### Residency Requirements

Serves residents of the City of Harrisonburg and Rockingham County.

Self Refer

Yes

Harrisonburg-Rockingham Community Services Board

<https://www.hrccb.org>

<https://www.hrccb.org/summit-house-psychosocial-rehabilitation/>

<https://www.facebook.com/HarrisonburgRockinghamCSB/>

Main

(540) 434-1816

Phone Emergency

(540) 434-1766

Summit House

1888 Pear Street

22801 VA

United States

Monday: 8:30 am-3:00 pm

Tuesday: 8:30 am-3:00 pm

Wednesday: 8:30 am-3:00 pm

Thursday: 8:30 am-3:00 pm

Friday: 8:30 am-3:00 pm

Saturday: Closed

Sunday: Closed

Additional Availability Comments

Services hours may vary. Emergency and crisis services are available 24 hours per day, every day.

Fee Structure

Call for Information

Payment Method(s)

Private Pay

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Private Insurance

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Medicaid

,

Medicare

Languages Spoken

English

The Harrisonburg-Rockingham Community Services Board's Summit House provides psychosocial rehabilitation through a clubhouse model, where members voluntarily participate and contribute. The program operates as a club where members are voluntary participants and contributors. They carry out the work of the house, vote on decisions affecting the program and provide mutual support to each other.

Available activities include:

- Work Units allow members work together to achieve essential tasks for daily operations.
- Department of Aging & Rehabilitation Services (DARS) counselors are available two days a week. The DARS counselor offers resources, skills training, vocational counseling and assistance with job placement.
- Employed Members Dinner are meals each month provide a social setting for mutual support for members who work, paid or volunteer, in the community.
- Social Programs offer a wide variety of in-house and in-community social opportunities let members build supportive relationships and practice social skills.
- Support is provided as members help each other avoid social isolation.
- Advocacy is provided as new members choose a primary staff advocate to partner with them in establishing and achieving their treatment plan and goals.
- Wellness Activities are key components of recovery following an Eight-Dimensions of Wellness model, including proper nutrition, getting enough sleep and physical exercise.
- Education is provided through groups and classes that add knowledge to develop tools for recovery and resilience.

Public transportation is available in one block to Harrisonburg Transit bus stop.

Service Area(s)

Harrisonburg City

,

Rockingham County