## Psychologist and Life Coaching, Woodbridge

Age Requirements 0-5 , 6-12 , 13-21 22-55 56-60 , 60 +Available 24/7 No Family No Intake Process Call for appointment Qualifications **Qualification Type** Licensure **Qualification Entity Department of Health Professionals Qualification Number** 810001576 Self Refer Yes Psychological and Life Skills Associates, PC http://www.psychlife.net/ Main (703) 490-0336 13885 Hedgewood Drive, # 245 22193 VA

## **United States**

Fee Structure Call for Information Payment Method(s) Private Pay

Medicare

Private Insurance Languages Spoken English

Therapy services offered by child, adolescent and adult Clinical Psychologist. Offers experience working with individuals from childhood through post-retirement years. Some of the staff are trained in a variety of mind-body techniques including 1) Eye Movement Desensitization and Reprocessing (EMDR) for trauma; 2) Bio-Feedback for stress and anxiety; and 3) Imagery techniques for relaxation, insight, pain management, mental conditioning and healing.

Other services available are life coaching and mind-body psychotherapy.

Service Area(s) Fairfax City , Fairfax County , Manassas City , Manassas Park City , Prince William County