Exercise, Aquatics, Health and Wellness

Age Requirements No Age Requirement Available 24/7 No Other Eligibility Criteria Open to the public Family Yes Intake Contact Email recreation@blacksburg.gov **Intake Process** Call or email the office. Intake Contact Telephone (540) 443-1100 **Provider Refer** Yes **Report Problems** Call the Agency , Send an Email Self Refer Yes Blacksburg Department of Parks and Recreation http://www.blacksburg.gov/recreation/ https://recreation.blacksburg.gov/wbwsc/webtrac.wsc/search.html Main (540) 443-1100 615 Patrick Henry 24062 VA **United States** Payment Method(s) Private Pay Languages Spoken

English

Blacksburg Parks and Recreation offers fitness programs and classes. Group exercise classes are available, as well as Boot Camp, kickboxing, strength training, volleyball, and adult softball.

"The Hill" is a nine-hole golf course, open to the public weather permitting. Putting, short game, and adult short game clinics are available. Call for information about clinic dates and fees. Two tournaments are held in the summer, call for information about dates and fees. The Hill is open Monday thru Friday from 8:00 AM until sundown. On Saturday, Sunday, and holidays the course is open from 7:30 AM until sundown.

The Aquatic Center offers recreational swimming, lap swimming, swim lessons, water aerobics classes, and physical therapy swim times. The center also features a hot tub and a sauna.

Service Area(s) Montgomery County