Mental Health Counseling, Arlington

Age Requirements 0-5 6-12 13-21 22-55 56-60 60+ Available 24/7 No Other Eligibility Criteria **Arlington County residents** Family No **Intake Contact** Mary Agee **Intake Process** Phone, Appointment required Self Refer Yes Northern Virginia Family Service https://www.nvfs.org Main (571) 748-2978 1801 N George Mason Dr 22207 VA **United States** Monday: 9:00 am-5:00 pm

Monday: 9:00 am-5:00 pm Tuesday: 9:00 am-5:00 pm Wednesday: 9:00 am-5:00 pm Thursday: 9:00 am-5:00 pm Friday: 9:00 am-5:00 pm

Saturday: Closed Sunday: Closed Fee Structure

Call for Information Languages Spoken

Spanish

French

English

Northern Virginia Family Service offers at this satellite office, bilingual/bicultural counseling for families, individuals and/or groups. May include in-home family assessments, crisis intervention, and coordination with other community agencies. Some services may be free to eligible clients. Services address such issues as depression, anxiety, loss and trauma, and are offered in variety of modalities, such as individual, couples, group and family therapy.

The multicultural mental health services address the mental health needs of lowincome, English-limited immigrants and refugees for whom existing services are inaccessible due to language and cultural barriers.

Bus Line: Metrobus.

Languages: other languages; Cambodian, French, Lao, Somali

Service Area(s) Arlington County

Fairfax City

Fairfax County