

VICAP and Medicare Counseling, Arlington

Available 24/7

No

Documents Required

Call for details

Other Eligibility Criteria

Arlington residents. Ages 60 and over or Medicare beneficiaries of any age.

Intake Contact Email

medicarehelp@arlingtonva.us

Intake Process

Phone; by appointment.

Provider Refer

Yes

Report Problems

Call the Agency

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Send an Email

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Send a Letter

Self Refer

Yes

Arlington Aging and Disability Services

<https://www.arlingtonva.us/Government/Departments/DHS/Aging-Disability>

[https://www.arlingtonva.us/Government/Departments/DHS/Aging-](https://www.arlingtonva.us/Government/Departments/DHS/Aging-Disability/Programs...)

[Disability/Programs...](https://www.arlingtonva.us/Government/Departments/DHS/Aging-Disability/Programs...)

Main

(703) 228-1725

TTY/TTD

(703) 228-1788

2100 Washington Boulevard, 4th Floor

22204 VA

United States

Monday: 8:00 am-5:00 pm

Tuesday: 8:00 am-5:00 pm

Wednesday: 8:00 am-5:00 pm

Thursday: 8:00 am-5:00 pm

Friday: 8:00 am-5:00 pm

Saturday: Closed

Sunday: Closed

Fee Structure

No Fee

Languages Spoken

English

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Language Line available

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Call if translation is needed

The Virginia Insurance Counseling and Assistance Program (VICAP) provides free, in-depth, one-on-one insurance counseling to Medicare Beneficiaries, their families, friends and caregivers. Trained and certified VICAP counselors provide free and confidential assistance. VICAP serves Arlington County Residents.

Services include:

- Individual counseling on Medicare Parts A, B, and C (health plans), Medicare Part D (prescription plans), and Medigap;
- Medicare classes are offered throughout the year;
- Help to resolve Medicare claims or billing issues;
- Assistance with filing for Medicare-related benefits;
- Assistance with understanding Medicaid and long-term care insurance;
- Assistance with understanding eligibility and applications for low-income assistance programs.

Appointments are encouraged for in-person Medicare counseling meetings. Please fill out this [**Personal Information Form**](#) and bring it with you to the appointment or return it by mail or fax.

Service Area(s)

Arlington County

Email

medicarehelp@arlingtonva.us