

## Recovery 4 Step Method Statewide

Age Requirements

0-5

,

6-12

,

13-21

,

22-55

,

56-60

,

60+

Available 24/7

No

Other Eligibility Criteria

Benefits persons with disabilities and/or the elderly

Family

No

Intake Contact

Arlene Kidd

Intake Contact Email

sales@mobilityva.com

Intake Process

Call for information or walk in

Provider Refer

Yes

Report Problems

Call the Agency

Self Refer

Yes

Recovery International

<https://www.recoveryinternational.org/>

<https://www.recoveryinternational.org/newcomers/>

Main

(804) 231-7774

Toll-Free

(800) 231-7774

7450 Midlothian Turnpike

23225 VA

United States

Additional Availability Comments

Weekend availability possible by prior arrangement.

Fee Structure

Call for Information

Payment Method(s)

Private Pay

,

Medicaid

Languages Spoken

English

The Recovery International Method is a system of self-help for controlling behavior and changing attitudes. The self-help techniques help with anger, anxiety, attention deficit disorder, bipolar disorder, compulsions, conflict resolution, depression, feelings of low self-worth, panic attacks, stress, and much more.

Telephone meetings are designed to introduce individuals to Recovery International meetings and for those who are unable to attend Recovery meetings. Telephone meetings last about 90 minutes. See [Membership Information](#)

Recovery International is a peer-to-peer program that (1) provides help for people with nervous and emotional and mental problems; (2) provides help to face daily life through techniques for controlling temperamental behavior and changing attitudes toward nervous symptoms and fears; (3) seeks to prevent relapses and to avoid chronic problems.

Service Area(s)

Statewide

Email

[info@recoveryinternational.org](mailto:info@recoveryinternational.org)

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