

## Psychologist

Age Requirements

18 and over

Available 24/7

No

Documents Required

Call for details

Family

Yes

Intake Process

Call for an assessment and information.

Intake Contact Telephone

(434) 214-4476

Provider Refer

Yes

Qualifications

Qualification Type

Licensure

Qualification Entity

Department of Health Professionals

Qualification Number

0810002178

Report Problems

Call the Agency

Self Refer

Yes

Carrie Schaffer Ph.D

<https://www.psychologytoday.com/us/therapists/carrie-schaffer-charlottesville-v...>

Main

(434) 214-4476

609 East High Street

22902 VA

United States

Additional Availability Comments

Call for individual appointment times or group therapy meeting times.

Fee Structure

Call for Information

Payment Method(s)

Cash or Check

,

Credit / Debit

,

Private Pay

Languages Spoken

English

Dr. Carrie Schaffer is a clinical psychologist who provides short term and long term psychological services for a broad spectrum of problems ranging from grief and adjustment to life changes to depression, anxiety and chronic mental illness. Psychological assessments are also provided.

Dr. Schaffer specializes in depression, relationship issues, lesbian, gay, bisexual and transgender (LGBTQ) issues. Other areas covered are anxiety or fears, divorce, domestic abuse or violence, trauma, life coaching, loss or grief, and thinking disorders. Individual therapy, couples and group psychotherapy offered. Therapy groups include:

- Adult Interpersonal Psychotherapy Group;
- Healing from Loss and Grief;
- Transgender and Gender Dysphoria Group.

Service Area(s)

Albemarle County

,

Campbell County

,

Charlottesville City

,

Lexington City

,

Lynchburg City

,  
Nelson County

,  
Rockbridge County