

## Wellness Center, Bayside Community Center

### Age Requirements

60+

### Available 24/7

No

### Other Eligibility Criteria

Must be 60 years of age or older and their spouse within the target area.

### Family

No

### Intake Process

Virginia Service Quick Form, Nutritional Health Screening Form is completed on all meal customers and updated yearly.

### Provider Refer

Yes

### Self Refer

Yes

Senior Services of Southeastern Virginia

<http://www.ssseva.org/>

### Main

(757) 385-5930

### Bayside Recreation Center

4500 First Court Road

23455 VA

United States

Monday: 8:30 am-4:30 pm

Tuesday: 8:30 am-4:30 pm

Wednesday: 8:30 am-4:30 pm

Thursday: 8:30 am-4:30 pm

Friday: 8:30 am-4:30 pm

Saturday: Closed

Sunday: Closed

### Additional Availability Comments

The senior center operates during these times. Contact facility for additional operating days and times.

Fee Structure

Suggested Donation

Languages Spoken

English

Bayside Recreational Center provides congregate meals for clients living within the target area sites without membership. The program offers socialization/recreation, health screenings, information pertinent to seniors, and referrals to other agencies with center membership. Other services also included with membership are exercise classes, bridge games, and more.

Service Area(s)

Virginia Beach City

Email

[services@ssseva.org](mailto:services@ssseva.org)