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## [2024 Caregiver Resource Directory for Military Families](#)

### **Military Caregiver Support**

#### **Caregiver Resource Directory (CRD)**

The CRD is designed to help empower military caregivers with information about national and local resources and programs specifically for them. Topics include: helplines, advocacy and benefit information, career transitions and employment, military caregiver support, children's needs, education and training, financial support, rest and relaxation, and others. The CRD is now completely digital.

Access and download your own copy of the [E-CRD](#) by [clicking here](#). For additional questions, please email: [infonrd.osd@mail.mil](mailto:infonrd.osd@mail.mil).

#### **For additional resources, check out [NRD's Spotlight Resources for Military Family and Caregiver Support](#).**

The U.S. Department of Defense Office of Military Caregiver Support created the 2024 Caregiver Resource Directory (CRD) designed specifically for caregivers of recovering service members. It includes information from government and nonprofit organizations that provide support to wounded warriors and their families.

#### **There are 25 sections including:**

- Advocacy and Benefits
- Career Transitions and Employment
- Caregiver
- Caregiver Helplines
- Caregiver Mental Health and Wellbeing
- Caregiving Knowledge and Skills
- Caring for Injured Service Members and Veterans
- Children's Needs

- Continuous Learning and Instruction
- Financial and Legal Resources for Caregivers
- Health Care Needs
- Hospice
- Maintenance and Home Care Assistance
- Mental Health
- Military Caregiver Lifestyle
- Modifications and Special Equipment
- Online Social Networking
- Peer Support and Mentoring
- Pet and Service Animal Assistance
- Respite Care
- Rest and Relaxation
- Sports and Recreation
- Suicide Prevention
- Support Groups
- Women Veterans

For information about other VA resources, visit [VA Caregiver Support](#).

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<https://nrd.gov>

Last Reviewed

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